B"H

Suggested Clothing List

Please send this list with your child, so they can use it as a reference when packing to leave camp.

Girls Clothing

- 12 Undershirts
- 12 Underwear
- 12 pairs of legwear **(tights or thigh high socks, no fishnets allowed)**
- 9 Skirts
- 1 T-shirt (9 tshirts will be provided by camp in assortment of colors)
- 4 Shabbos outfits (no wrap shirts allowed)
- 2 Heavy sweaters
- 4 Nightgowns
- 1 raincoat
- 1 pair of slippers
- 1 pair of sneakers
- 1 pair of Shabbos shoes
- 1 pair of rainboots
- 1 sunhat/cap
- 1 white pillow case/ tshirt for tie dying

Girl's Swimming and showering

- 2 one piece bathing suits
- 1 pair of swimming shoes that can be worn with socks
- 1 bathrobe (Tznius)
- 3 towels
- 2 washcloth
- **Tznius swim dress**

Boys Clothing

- 12 Undershirts
- 12 Underwear
- 10 Socks
- 8 pairs of Long pants
- 10 T-shirts
- 3 White Shabbos shirts (we suggest short sleeve shirts, as they get less dirty)
- 1 Shabbos suit/ pants
- 2 Tzitzis
- 2 Heavy sweaters
- 3 Pajamas
- 1 Raincoat
- 1 pair of Slippers
- 1 pair of Sneakers
- 1 pair of Shabbos shoes
- 1 pair of Rainboots
- 2 Yarmulkas
- 1 Baseball cap/ Baseball mitt
- 1 white pillow case/ tshirt for tie dying

Boy's Swimming and showering

- 2 Bathing trunks
- 1 pair of swimming shoes
- 1 bathrobe
- 3 towels
- 2 washcloth

Bedding

- 1 Pillow
- 1 Blanket
- Sleeping bag or large thin blanket for late-night bonfire
- 2 sets of linen

Miscellaneous

- Chitas
- Flashlight/batteries
- Insect repellent
- Pen
- Sunscreen

Toiletries

- Toothbrush
- Toothpaste
- Shampoo
- Face soap
- Body wash
- Laundry bag
- Nail clipper
- Comb/brush

Flushable wipes are NOT allowed in camp as they clog our sewer system

Clearly label all clothing (and all items brought to camp)

Luggage is limited to 2 bags.



March 9, 2027

Dear Parents,

As you are certainly aware, safety is our number one concern and priority.

We engage a professional to train our staff and instill the importance and urgency in all areas of child welfare and protection.

We would like to communicate with you about an extremely important issue that deserves your personal attention as we get ready for what will *b'ezraz Hashem* be a wonderful camp season.

Over the years, the Association of Jewish Camp Operators (AJCO), which serves as an umbrella group for Orthodox Jewish summer camps, has issued guidelines and suggestions on a number of camp issues.

In response to inquiries from a number of camps the AJCO coordinated certain efforts to help protect the privacy and bodily integrity of our children. Among other things the AJCO works with various summer camps to take positive steps to avoid any potential problems. AJCO prepared guidelines on how to advise your children to respond in the event that their bodily privacy has been threatened or *chas v'shalom* violated.

We are therefore enclosing a "Keep it Safe" fact sheet that has been prepared by AJCO in conjunction with the experts at OHEL Children's Home and Family Services. We respectfully urge you to speak to your child/ren and convey important points outlined in the enclosed document.

As mentioned above, we are committed to taking every step in our power to protect the safety of our campers and staff. We will be doing our part by sensitizing staff members regarding this issue, and we respectfully enlist your assistance in speaking to your children as well. Of course, please feel free to call us if any issue or problem arises, or if you have any further questions.

Looking forward to a wonderful summer, both *b'ruchniyus u'vegashmius*.

Sincerely,

Rabbi Itchy & Goldy Grossbaum

KEEP IT SAFE

Discuss the following with your child before the camp season:

- Explain to your child that there are unfortunately a small number of people with a sickness that gives them the *yetzer hara* to touch children immodestly- i.e. in a place ordinarily covered by a bathing suit.
- Teach your child that no one, not even a camper or even a person in a position of authority or a close relative, has the right to touch him or her in such a way.
- Teach your child that it is OK and important to say, "No, get away."
- Let your child know that he should tell you or a trusted member of the camp administration, such as the camp director or head counselor, about an inappropriate touching. Emphasize that this does not constitute *loshon hora* or any other *aveirah*; and that it is in fact a mitzvah to report this matter.
- Tell your child that he should not worry about threats from anyone who touches him improperly. Both you and the camp administration will protect them.

General pointers:

- Be alert for changes in your child's behavior that could signal abuse, such as sudden secretiveness, sleeplessness, withdrawal from activities or increased anxiety. (The staff is aware to look for any changes.)
- If your child is a victim of abuse, don't blame them. Listen and consult with a competent professional.
- Above all, let your child know that they can always tell you anything without fear of blame. Communication is critical.